

# THE CARRIER OIL PALETTE

Fixed Oils, Butters, Herbal Oils,  
and CO<sub>2</sub> Extracts of the Carrier Oil Palette



Jade Shutes &  
Sherilyn Siegmund-Roach

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Jade Shutes & Sherilyn Siegmund-Roach

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Jade is the founder of the School for Aromatic Studies ([aromaticstudies.com](http://aromaticstudies.com)). She has also served two highly successful and rewarding terms as NAHA President (2000-2003 and 2013-2015) and was pivotal in setting educational standards for aromatherapy education. She is the author of "Aromatherapy for Bodyworkers".

Jade is currently the steward of 70 acres of land in Virginia, Yarrow Mtn. Farm, where she offers distillation, botanical body care, and aromatherapy retreats. She also offers transformational retreats for women.

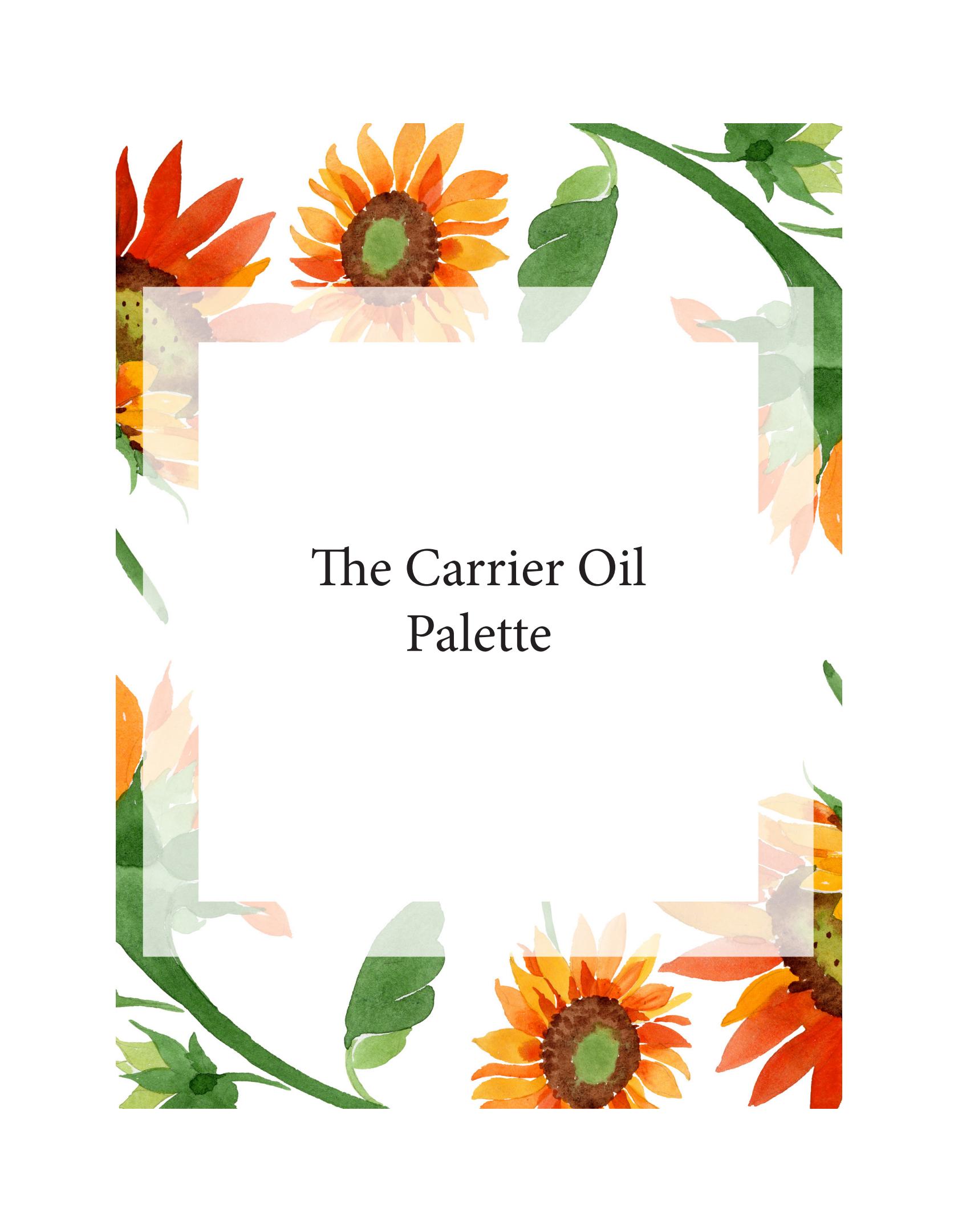


## Sherilyn Siegmund-Roach, B.A., MSc., CCA

Sherilyn Siegmund-Roach has always been fascinated by the natural world and the miraculous complexities of both the human body and ecological systems. With her academic degrees in biology and science education, it was natural that phytotherapy would become a vital part of her life after she retired from a 24-year career as a K-12 public school math and science teacher. Sherilyn completed the clinical level Scholars Program at Aromahead Institute and is a professional member of both the National Association for Holistic Aromatherapy and the Alliance of International Aromatherapists.

She shares her love of herbs and essential oils with her extended family (4 generations) and friends. Her clinical aromatherapy practice, Golden Heart Essentials, has included consulting and providing education for hospice programs, as well as teaching, writing, and editing for online phytotherapy academies.

In her continuing studies, Sherilyn seeks out the best ways to combine herbs and essential oils to support a holistic approach to wellness. Sherilyn's lifelong passions for learning and sharing continue to take her down new, exciting paths every day.



# The Carrier Oil Palette

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