

Complete Listing of All Raw Material

Covered in Botanical Body Care Products
Certification Program

How to use this listing

This document provides you with a complete listing of all raw material/ingredients covered throughout the Botanical Body Care Products Certification Program. The listing provides you with the ability to 'check' off the items you would like to experiment with or already know you want to make product with. The last column provides you with a bit of space to write down what supplier you will be using and how much you would like to order. The list is also designed to provide you with all INCA names to use on your labels.

EXERCISE:

I am confident that you have already been observing labels on body care products but just in case or for a review: Next time you are in the grocery store or natural food store, check out the body care products. Read some of the labels. Notice all the information on a label. I like to look at Dr. Haushka products and smaller companies that have gotten into a store like Whole Foods.

An Important Note on INCI Names

In 1973 The Cosmetic, Toiletry, Fragrance Association (CTFA) developed an industry voluntary process for assigning ingredient names that provide the consumer and medical field a common approach to understanding what is formulated in a personal care product. This process was accepted by the United States Food & Drug Administration (FDA) and the global regulatory community, eventually becoming known as the International Cosmetic Ingredient Dictionary & Handbook (INCI).

The International Nomenclature of Cosmetic Ingredients, abbreviated INCI, is a system of names for waxes, oils, pigments, chemicals, and other ingredients of soaps, cosmetics, and the like, based on scientific names and other Latin and English words.

Ingredients. If the product is marketed on a retail basis to consumers, even if it is labeled "For professional use only" or words to that effect, the ingredients must appear on an information panel, in descending order of predominance. [21 CFR 701.3]. As an alternative, when cosmetics are distributed on a mail-order basis, the package mailed to the consumer may contain readily visible instructions for locating the ingredient declaration, such as in a product catalog (currently interpreted as including a website), or instructions for requesting a copy of the ingredient declaration. Mail-order distributors must respond promptly to such requests [21 CFR 701.3(r)]. Remember, if the product is also an OTC drug, its labeling must comply with the regulations for both OTC drug and cosmetic ingredient labeling, as stated above. (<http://www.fda.gov/Cosmetics/Labeling/Claims/ucm2005200.htm>)

If your goal is to sell a product line for body care (which is considered a cosmetic) then you will need to use the official INCI name of the ingredient on your labels. If you do not have the INCI name, it is always easy to find by googling it.

Here is an example of an ingredient deck:

Ingredients: certified organic aloe barbadensis (aloe vera) leaf juice, certified organic citrus bergamia (bergamot) essential oil, certified organic hamamelis virginiana (witch hazel) leaf extract, yucca schidigera extract, certified organic citrus dulcis (sweet orange) essential oil, certified organic matricaria recutita (chamomile) flower extract, certified organic aesculus hippocastanum (horsechestnut) seed extract, sclerotium rolfsii gum, aqua, certified organic helianthus annuus (sunflower) seed oil, certified organic hypericum perforatum (st johns wort) flower extract, citrus aurantium amara (bitter orange) fruit extract

http://miorganicproducts.com/skincare/soothing_cleanser_sensitive_skin.php

JUST A HEADS UP! We will be reviewing labeling in more depth as we grow through product formulation and GMP information.

VEGETABLE OILS		
Common Name	INCI Name	Purchase Info/Size/Supplier
☐ Sweet almond oil	Prunus Amygdalus Dulcis (Sweet Almond) Oil	
☐ Apricot kernel oil	Prunus Armeniaca (Apricot) Kernel Oil	
☐ Argan oil	Argania spinosa (Argan) Oil	
☐ Avocado oil	Persea Gratissima (Avocado) Oil	
☐ Baobab oil	Adansonia digitata (Baobab) seed oil	
☐ Borage oil	Borago Officinalis (Borage) Seed Oil	
☐ Camelina oil	Camellia oleifera (Camellia) Seed Oil	
☐ Castor oil	Ricinus Communis (Castor) Seed Oil	
☐ Virgin Coconut oil	Cocos Nucifera (Coconut) Oil	
☐ Evening primrose oil	Oenothera biennis (Evening Primrose) Oil	
☐ Grapeseed oil	Vitis vinifera (Grape) Seed Oil	
☐ Hazelnut oil	Corylus americana (Hazelnut) Seed Oil	
☐ Hemp oil	Cannabis sativa (Hemp) Seed Oil	
☐ Jojoba oil	Simmondsia Chinensis (Jojoba) Seed Oil	
☐ Marula oil	Sclerocarya birrea (Marula) Kernel Oil	
☐ Extra virgin Olive oil	Olea europaea (Olive) Fruit Oil	
☐ Palm kernel oil	Elaeis guineensis (Palm) Kernel Oil	
☐ Rosehip seed oil	Rosa canina (Rosehip) Fruit Oil	
☐ Safflower oil	Carthamus tinctorius (Safflower) Seed Oil	
☐ Sea buckthorn	Hippophae rhamnoides (Seabuckthorn) Oil	

VEGETABLE OILS		
Common Name	INCI Name	Purchase Info/Size/Supplier
☐ Sesame	Sesamum indicum (Sesame) Seed Oil	
☐ Sunflower - High oleic	Helianthus Annuus (Sunflower) Seed Oil	
☐ Sunflower - Regular	Helianthus Annuus (Sunflower) Seed Oil	
☐ Tamanu oil	Calophyllum inophyllum (Tamanu) Oil	
Note: All vegetables are certified organic unless otherwise noted.		

SEED OILS		
Common Name	INCI Name	Purchase Info/Size/Supplier
☐ Black Cumin Seed Oil (organic)	Nigella Sativa(Black cumin) seed Oil	
☐ Black Raspberry Seed Oil	Rubus occidentalis (Black raspberry) seed Oil	
☐ Blackberry Seed Oil	Rubus fruticosus (Blackberry) seed Oil	
☐ Broccoli Seed Oil	Brassica oleracea (Broccoli) seed Oil	
☐ Carrot Seed Oil	Daucus carota (Carrot) seed oil	
☐ Cranberry Seed Oil	Vaccinium macrocarpon (Cranberry) seed Oil	
☐ Cucumber Seed Oil	Cucumis sativus (Cucumber) seed Oil	
☐ Pomegranate Seed Oil	Punica granatum (Pomegranate) seed Oil	
☐ Red Raspberry Seed Oil	Rubus ideaus (Red raspberry) seed Oil	
☐ Tomato Seed Oil	Solanum lycopersicum (Tomato) seed Oil	

HERBAL OILS		
Common Name	INCI name **Use the name of the vegetable oil you infused the plant material with.	Purchase info/size/supplier
☐ Arnica	Arnica montana, **Olea europaea (Olive) Fruit Oil	
☐ Calendula	Calendula officinalis, Olea europaea (Olive) Fruit Oil	
☐ Carrot	Daucus carota, **Helianthus annuus	
☐ Chickweed	Stellaria media, Olea europaea (Olive) Fruit Oil	
☐ Comfrey	Symphytum officinale, Olea europaea (Olive) Fruit Oil	
☐ Cottonwood	Populus balsamifera (Cottonwood) buds, Olea europaea (Olive) Fruit Oil	
☐ Echinacea	Echinacea purpurea, Olea europaea (Olive) Fruit Oil	
☐ Gota kola/Centella	Centella asiatica, Olea europaea (Olive) Fruit Oil	
☐ Plantain	Plantago major, Olea europaea (Olive) Fruit Oil	
☐ Pokeweed	Phytolacca americana, Olea europaea (Olive) Fruit Oil	
☐ St. Johns Wort	Hypericum perforatum, Olea europaea (Olive) Fruit Oil	
☐ Yarrow	Achillea millifolium, Olea europaea (Olive) Fruit Oil	
☐ Aromatic plant:	Latin name of plant material, and vegetable oil name used to infuse oil	
☐ Aromatic plant:		

HYDROSOLS		
Common Name	INCI Name	Purchase Info/Size/Supplier
☐ German chamomile	Matricaria recutita (German chamomile) Distillate	
☐ Roman chamomile	Chamaemelum nobile (Roman chamomile) Distillate	
☐ Clary sage	Salvia sclarea (Clary sage) Distillate	
☐ Rose Geranium	Pelargonium roseum (Geranium) Distillate	
☐ Helichrysum	Helichrysum italicum (Helichrysum) Distillate	
☐ Juniper, Utah	Juniperus osteosperma (Utah Juniper) Distillate	
☐ Lavender	Lavandula angustifolia (Lavender) Distillate	
☐ Lavandin	Lavandula x intermedia (Lavandin) Distillate	
☐ Melissa	Melissa officinalis (Melissa) Distillate	
☐ Orange flower/Neroli	Citrus aurantium flos (Neroli) Distillate	
☐ Peppermint	Mentha piperita (Peppermint) Distillate	
☐ Pinyon pine	Pinus edulis (Pinyon Pine) Distillate	
☐ Rose	Rosa Damascena (Rose) Distillate	
☐ Rosemary	Rosmarinus officinalis (Rosemary) Distillate	
☐ Sage	Salvia officinalis (Rosemary) Distillate	

HYDROSOLS		
Common Name	INCI Name	Purchase Info/Size/Supplier
☐ Spruce, Blue	Picea pungens (Blue Spruce) Distillate	
☐ Vitex	Vitex agnus-castus (Vitex) Distillate	
☐ Witch hazel	Hamamelis virginiana (Witch hazel) Distillate	
☐ Yarrow	Achillea millefolium (Yarrow) Distillate	

BUTTERS		
Common Name	INCI Name	Purchase Info/Size/Supplier
☐ Cocoa butter	Theobroma Cacao (Cocoa) Seed Butter	
☐ Illipe butter refined	Shorea stenoptera (Illipe) Seed Butter	
☐ Kokum butter	Garcinia indica (Kokum) Seed Butter	
☐ Kpangnan Butter	Pentadesma butyracea (Kpangnan) Seed Butter	
☐ Kombo butter	Pycnanthus anglensis (Kombo) Seed Butter	
☐ Mango unrefined	Mangifera Indica (Mango) Seed Butter	
☐ Mango refined	Mangifera Indica (Mango) Seed Butter	

BUTTERS		
Common Name	INCI Name	Purchase Info/Size/Supplier
☐ Palm kernel	Elaeis guineensis (Palm) Kernel oil	
☐ Shea butter	Butyrospermum parkii (Shea Butter) Fruit	

Essential Oils		
Common Name	INCI Name	Purchase Info/Size/Supplier
☐ Carrot seed	Daucus Carota Sativa (Carrot) Seed Oil	
☐ Cedarwood	Cedrus atlantica (Cedarwood) Oil	
☐ German chamomile	Matricaria recutita (German Chamomile) Oil	
☐ Roman chamomile	Anthemis nobilis (Roman chamomile) oil	
☐ Cypress	Cupressus Sempervirens (Cypress) Oil	
☐ Frankincense	Boswellia frereana (Frankincense) oil or Boswellia carterii (Frankincense) oil or other species	
☐ Geranium	Pelargonium roseum (Geranium) Oil	
☐ Helichrysum	Helichrysum italicum (Helichrysum) Oil	
☐ Lavender	Lavandula angustifolia	
☐ Lemon	Citrus limon (Lemon) oil	

Essential Oils		
Common Name	INCI Name	Purchase Info/Size/Supplier
☐ Melissa	Melissa officinalis (Melissa) oil	
☐ Myrrh	Commiphora myrrha (Myrrh) oil	
☐ Neroli	Citrus aurantium (Neroli) Oil	
☐ Niaouli	Melaleuca quinquenervia (Niaouli) Oil	
☐ Palmarosa	Cymbopogon martini (Palmarosa) Oil	
☐ Patchouli	Pogostemon cablin (Patchouli) Oil	
☐ Rose	Rosa damascena (Rose) Oil	
☐ Rosemary ct. verbenone	Rosmarinus officinalis (Rosemary ct. verbenone) Oil	
☐ Tea tree	Melaleuca alternifolia (Tea tree) Oil	
☐ Vetiver	Vetiveria zizanioides (Vetiver) Essential Oil	
☐ Ylang ylang	Cananga Odorata (Ylang ylang) Oil	
☐ Sage	Salvia Officinalis (Sage) Oil	
☐ Tansy	Tanacetum annuum (Blue Tansy) Leaf Oil	
☐ Thyme ct. linalol	Thymus vulgaris (Thyme ct Linalool) flower/seed oil	
☐ Yarrow	Achillea millefolium (Yarrow) flower oil	
☐ Cape chamomile	Erioccephalus punctulatus (Chamomile Cape) Flower Oi	
☐ Juniper berry	Juniperus communis (Juniper Berry) Oil	

Essential Oils		
Common Name	INCI Name	Purchase Info/Size/Supplier
☐ Lavandin, Grosso	Lavandula hybrida grosso (Lavender) Oil	
☐ Nard/Jatamansi	Nardostachys grandiflora (Spikenard) Oil	
☐ Sandalwood	Santalum album (Sandalwood) Oil	

SURFACTANTS		
Common Name	INCI Name	Purchase Info/Size/Supplier
☐ Black Cumin Seed Oil (organic)	Nigella Sativa(Black cumin) seed Oil	
☐ Coco glucoside	Coco Glucoside	
☐ Castile Soap - Organic Potassium Cocoate	Rubus fruticosus (Blackberry) seed Oil	
☐ Liquid Castile Soap (Dr. Bronners)	Water, Organic Coconut Oil*, Potassium Hydroxide**, Organic Palm Kernel Oil*, Organic Olive Oil*, Organic Hemp Oil, Organic Jojoba Oil, Citric Acid, Tocopherol	

Salts / Sugars / Additives		
Common Name	INCI name	Purchase info/size/supplier
☐ Brown sugar	Sucrose (Brown Sugar)	
☐ Demerara sugar	Sucrose (Demerara Sugar)	
☐ Organic sugar	Sucrose (Cane Sugar)	

Salts / Sugars / Additives		
Common Name	INCI name	Purchase info/size/supplier
☐ Sea salt FINE	Sodium Chloride (Sea Salt)	
☐ Sea salt COARSE	Sodium Chloride (Sea Salt)	
☐ Epsom salt	Magnesium sulfate	
☐ Dead sea salt	Sodium Chloride (Dead Sea Salt)	
☐ Coffee	Coffea arabica (Coffee) bean	
☐ Kelp powder	Laminaria digitata (Kelp) Powder	
☐ Alfalfa seeds	Medicago Sativa (Alfalfa) Seeds	
☐ Blue corn meal	Corn (Zea Mays) Meal	
☐ Ground Oats	Avena Sativa (Oats)	
☐ Ground Loofah	Luffa cylindrica (Loofah)	
☐ Ground Pumice	Pumice	
☐ Apricot kernel meal	Prunus Armeniaca (Apricot) Seed Powder	
☐ Ground Flax seeds	Linum usitatissimum (Flax) seed	
☐ Orange peel	Citrus sinensis (sweet orange) peel	
☐ Lemon peel	Citrus Medica Limonum (Lemon) peel	
☐ Rose petals	Rosa damascena (Rose) petal	
☐ Lavender flowers	Lavandula angustifolia (lavender) flowers	
☐ Calendula flowers	Calendula officinalis (Calendula) flowers	
☐ Hibiscus flowers	Hibiscus sabdariffa (Hibiscus) flowers	

Clays		
Common Name	INCI name	To purchase size:
☐ French Green Clay	Montmorillonite (French Green Clay)	
☐ White kaolin	Kaolinite (White Clay)	
☐ Rhassoul clay	Moroccan Lava Clay	

Other Raw Material		
Common Name	INCI Name	Purchase Info/Size/Supplier
☐ Beeswax	Cera alba	
☐ Water	Aqua or type of water: Purified Aqua, Distilled Aqua	
☐ Emulsifying wax	Emulsifying Wax NF	
☐ Olivem	Cetearyl olivate	
☐ Stearic acid	Stearic acid	
☐ Lecithin	Lecithin	
☐ Citric acid	Citric acid	
☐ Glycerin	Glycerin	
☐ Rosemary CO2 extract	Rosmarinus Officinalis Leaf Extract (and) Caprylic/Capric Triglyceride (and) Lecithin (and) Tocopherol	

Other Raw Material		
Common Name	INCI Name	Purchase Info/Size/Supplier
☐ Honey	Honey	
☐ Borax	Borax	
☐ Vanilla beans	Vanilla Planifolia (Vanilla) bean	
☐ Aloe vera juice	Aloe Barbadensis Leaf Juice	
☐ Aloe vera gel	Aloe Barbadensis Leaf Juice	
☐ Baking soda	Sodium Bicarbonate	
☐ Liquid Castile Soap	Saponified oils of coconut (organic), olive (organic) and jojoba (organic), aloe vera (organic) and rosemary oil extract	
☐ Solubol - Emulsifies essential oils into water	Sucrose Stearate - An emulsifier made from sugar and vegetable oil, Helianthus annus - Annual sunflower oil, Cera alba - Beeswax, Sterculia urens - a medium-sized, deciduous tree that exude a gum called karaya used in food as an emulsifier, stabilizer and thickener, The gum of the acacia tree, Propolis cera - Wax from bees, Vegetable Glycerin, Lecithin, Cocos nucifera (Coconut oil), Vitamin E, Vitamin C, Rosemary officinalis extract	

Gums		
Common Name	INCI Name	Purchase Info/Size/Supplier
☐ Xanthum gum	Xanthan Gum	
☐ Sclerotium gum	Sclerotium Gum	

Herbal Extracts		
Common Name	INCI Name	Purchase Info/Size/Supplier
☐ Turmeric extract	Curcuma longa (Turmeric) Root Extract	
☐ German chamomile extract	Matricaria recutita (German Chamomile) Extract	
☐ Calendula extract	Calendula officinalis (Flower) Extract	
☐ Green tea extract	Camelia Sinensis (Green Tea) Extract	

NOTE ABOUT GLYCERITES / HERBAL EXTRACTS: If you would like to add herbal infused glycerites to your formulations, we highly recommend making them yourself. They are fairly simple to make and much more cost effective. See course notes for glycerites.

For herbal extracts, you can either make them yourself or purchase from suppliers such as Gaia herbs or the Herb Pharm or even a local herbalist!